



*Participating
Employers
of the Plan*

Changes to Pacific Blue Cross' Reasonable and Customary Limits for Paramedical Expenses

Effective September 1, 2007, Pacific Blue Cross made adjustments to their extended health per visit limits for paramedical practitioners. The purpose of these adjustments is to more accurately reflect the current cost for prescribed treatments. The September 1, 2007 limits are shown in the table below. **The annual maximums for these services are described in your collective agreement and have not changed.**

Practitioner Service	Reasonable and Customary Per Visit Limit
Acupuncture	Each visit: \$100
Chiropractic Services	Initial visit: \$50 Each subsequent visit: \$40
Massage	Each visit: \$80
Naturopath Services	Initial visit: \$240 Each subsequent visit: \$180
Physiotherapy Services	Initial visit: \$74 Each subsequent visit: \$64
Podiatry	Each visit: \$100

Reasonable and customary limits are the range of usual fees for comparable medical services in a geographical area. Your extended health claims are adjudicated using Pacific Blue Cross' reasonable and customary limits. If your paramedical practitioner charges more than these reasonable and customary limits, you will be responsible for paying the difference.

The above shown limits will apply to claims for treatment with a date of service on or after September 1, 2007. As well, the limits shown above will be subject to any deductibles and co-insurance your extended health plan may have.

If you would like more information about your benefits or would like to review your recent claims history please visit CARESnet at <https://caresnet.pbchbs.com/CARESnet>

If you have a question about reasonable and customary limits for a specific service, please contact the Pacific Blue Cross' customer service department at 1 888 275 4672.