

## July 2016 Bulletin from the H&W Trustees

The Trustees of the PPWC – Employer Trusteed Health & Welfare Plan met on June 13<sup>th</sup> and would like to update you on a number of items relating to your group benefit coverage.

The Trustees welcomed new Trustee Meghan Bailey from Local 2, Crofton. The Trustees thanked fellow Trustee, Frank Robertson, for his service to the Plan.

### Travelling out of Province

We had noted that the discount for medical travel was 10% in the March bulletin, as that is the standard discount given to Pacific Blue Cross (“PBC”) members. However, as a member of the PPWC Plan you are eligible to receive a special discount of 20%. Simply enter your health and dental policy number and the 20% discount will be automatically applied to your purchase.

If you have a pre-existing condition, you should consult your individual plan insurer to assess your coverage needs and determine what insurance restrictions apply. For example, the PBC plan includes several limitations that you should be aware of; if you have any questions or concerns, you should discuss further with PBC. Please visit [www.pac.bluecross.ca](http://www.pac.bluecross.ca) for more information.

### Patient Assistance Programs

As prior authorization requirements are in place for some high cost drugs, the Trustees would like to remind you that the manufacturers of these high cost drugs have Patient Assistance Programs in place. These programs will offer enhanced assistance to the members in completing the prior authorization process. If you are prescribed a drug that requires prior authorization you will be notified either by the Patient Assistance Program provided by the manufacturer of the drug being prescribed, or by your pharmacist.

### Extended Health and Dental Benefit Coverage for Dependents Attending School

If your dependent child is attending university/school full time, they are eligible to be enrolled in the extended health and dental plan. If they are not currently enrolled please fill out and return the student recertification form to Pacific Blue Cross and/or your mill administrator. You can obtain forms through your mill administrator. Pacific Blue Cross will register your child as a student on the Plan for another year if he/she meets the Plan’s requirements.

### CARESnet

Specific details about your extended health and dental plans and claims are available on Pacific Blue Cross’ CARESnet site. Please visit the CARESnet site at [www.pac.bluecross.ca](http://www.pac.bluecross.ca) for more information.

*Trustee meeting dates for the remainder of 2016: October 17, 2016.*